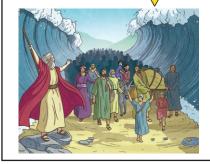
Key Vocabulary	
Freedom	The right to speak, think and act as you want. To be free from something undesirable. To not be imprisoned or enslaved.
Moses	A Jewish prophet. He is also an important prophet in a number of other faiths, including Christianity and Islam.
Hebrews	Descendants of Abraham who practice Judaism.
Ten Commandments	Ten rules given by God for people to live by.
Eightfold Path	A set of eight instructions, set out by Buddha, to encourage people to follow the right path.
moksha	Freedom from the cycle of death and rebirth, so that a person can be at one with God.
guru	Spiritual teacher

Judaism and Freedom

When Moses grew up, God asked him to lead the enslaved Hebrews out of Egypt to safety and freedom. The Pharaoh refused to free the Hebrews so God sent ten plagues to Egypt. Moses then led the Hebrews to find the promised land. Their journey was a difficult one but God provided them with food and shelter. After about three months of travelling, Moses and his people reached Mount Sinai, where God revealed the Ten Commandments to Moses.

Moses wanted freedom for the Hebrews so that they could practice their religion freely.



Religion and Freedom

Buddhists believe that the most important freedom is freedom from suffering, which can be found by following the Eightfold Path.

Christians believe that people should achieve their **freedom** in a way that respects others' **freedom** too.

Hindus believe that we should have no restraints on **freedom** of reason, thought, feeling and will and that this can be done through **moksha**.

Moksha can be

Moksha can be achieved through knowledge, meditation, worship and good deeds.

Sikh **gurus** believe that people should have the **freedom** to choose their beliefs and that **freedom** comes from choosing to do the right thing.

In Islam, Muslims believe that God has given them free will to make good choices.





Key Vocabulary	
justice	Being fair and reasonable.
human rights	The basic rights and freedoms that belong to every person in the world.
non-violent action	Steps taken to achieve changes, without using violence.
independence	For a country to be able to rule itself, rather than be under the rule of another.
campaign	Work towards a particular goal.
Catholic	A member of the Roman Catholic faith.
Protestant	A member of the Western Christian churches.
strike	To refuse to work as a form of protest.
boycott	To protest by refusing to have dealings with a country, organisation or person.
apartheid	A system of discriminating on the grounds of race.

Judaism and Freedom

The Universal Declaration of **Human Rights** is a law written to ensure **freedom** and equality for all.

It consists of thirty statements such as:

- · We are all born free and equal.
- We all have the right to life and to live in freedom and safety.
- · No person has the right to enslave another.
- We are all equal before the law.
- We have the right to believe in what we believe.

World Religions and Justice

There are many stories about **justice** from different world religions. These help believers think about what is reasonable and what is fair. The ideas about **justice** sometimes vary from story to story.

Nelson Mandela Mahatma Gandhi Martin Luther King Jr

Nelson Mandela was a Christian, who was jailed for protesting about the unfair treatment of Black people in South Africa. He supported non-violent action, such as strikes and boycotts. Not long after he was released from prison, apartheid ended.

Mahatma Gandhi led peaceful demonstrations in India for equal rights and for India to gain independence.
Gandhi was a practising Hindu. Gandhi made a distinction between just and unjust laws in his fight for Indian Independence. He stated that where laws were unjust, it was acceptable not to follow them.

Martin Luther King Jr was a Christian, who believed that Jesus' teachings about 'love thy neighbour as yourself' meant that we should all be treated equally. He campaigned for equal rights for Black and White people peacefully. John Hume, an Irish Catholic was inspired by Martin Luther King Jr to campaign for equal rights between Catholics and Protestants.



