








Key Vocabulary		Judaism and Freedom		<p>Moses wanted freedom for the Hebrews so that they could practice their religion freely.</p>  
Freedom	The right to speak, think and act as you want. To be free from something undesirable. To not be imprisoned or enslaved.	<p>When Moses grew up, God asked him to lead the enslaved Hebrews out of Egypt to safety and freedom. The Pharaoh refused to free the Hebrews so God sent ten plagues to Egypt. Moses then led the Hebrews to find the promised land. Their journey was a difficult one but God provided them with food and shelter. After about three months of travelling, Moses and his people reached Mount Sinai, where God revealed the Ten Commandments to Moses.</p>		
Moses	A Jewish prophet. He is also an important prophet in a number of other faiths, including Christianity and Islam.			
Hebrews	Descendants of Abraham who practice Judaism.			
Ten Commandments	Ten rules given by God for people to live by.	Religion and Freedom		
Eightfold Path	A set of eight instructions, set out by Buddha, to encourage people to follow the right path.	<p>Buddhists believe that the most important freedom is freedom from suffering, which can be found by following the Eightfold Path.</p> 	<p>Hindus believe that we should have no restraints on freedom of reason, thought, feeling and will and that this can be done through moksha.</p> <p>Moksha can be achieved through knowledge, meditation, worship and good deeds.</p> 	<p>Sikh gurus believe that people should have the freedom to choose their beliefs and that freedom comes from choosing to do the right thing.</p> 
moksha	Freedom from the cycle of death and rebirth, so that a person can be at one with God.	<p>Christians believe that people should achieve their freedom in a way that respects others' freedom too.</p> 	<p>In Islam, Muslims believe that God has given them free will to make good choices.</p> 	
guru	Spiritual teacher			

Key Vocabulary	
justice	Being fair and reasonable.
human rights	The basic rights and freedoms that belong to every person in the world.
non-violent action	Steps taken to achieve changes, without using violence.
independence	For a country to be able to rule itself, rather than be under the rule of another.
campaign	Work towards a particular goal.
Catholic	A member of the Roman Catholic faith.
Protestant	A member of the Western Christian churches.
strike	To refuse to work as a form of protest.
boycott	To protest by refusing to have dealings with a country, organisation or person.
apartheid	A system of discriminating on the grounds of race.

Judaism and Freedom

The Universal Declaration of **Human Rights** is a law written to ensure **freedom** and equality for all.

It consists of thirty statements such as:

- We are all born free and equal.
- We all have the right to life and to live in **freedom** and safety.
- No person has the right to enslave another.
- We are all equal before the law.
- We have the right to believe in what we believe.

World Religions and Justice

There are many stories about **justice** from different world religions. These help believers think about what is reasonable and what is fair. The ideas about **justice** sometimes vary from story to story.

Nelson Mandela

Nelson Mandela was a Christian, who was jailed for protesting about the unfair treatment of Black people in South Africa. He supported **non-violent action**, such as **strikes** and **boycotts**. Not long after he was released from prison, **apartheid** ended.

Mahatma Gandhi

Mahatma Gandhi led peaceful demonstrations in India for equal rights and for India to gain **independence**. Gandhi was a practising Hindu. Gandhi made a distinction between just and unjust laws in his fight for Indian **Independence**. He stated that where laws were unjust, it was acceptable not to follow them.

Martin Luther King Jr

Martin Luther King Jr was a Christian, who believed that Jesus' teachings about 'love thy neighbour as yourself' meant that we should all be treated equally. He **campaigned** for equal rights for Black and White people peacefully. John Hume, an Irish Catholic was inspired by Martin Luther King Jr to **campaign** for equal rights between **Catholics** and **Protestants**.